



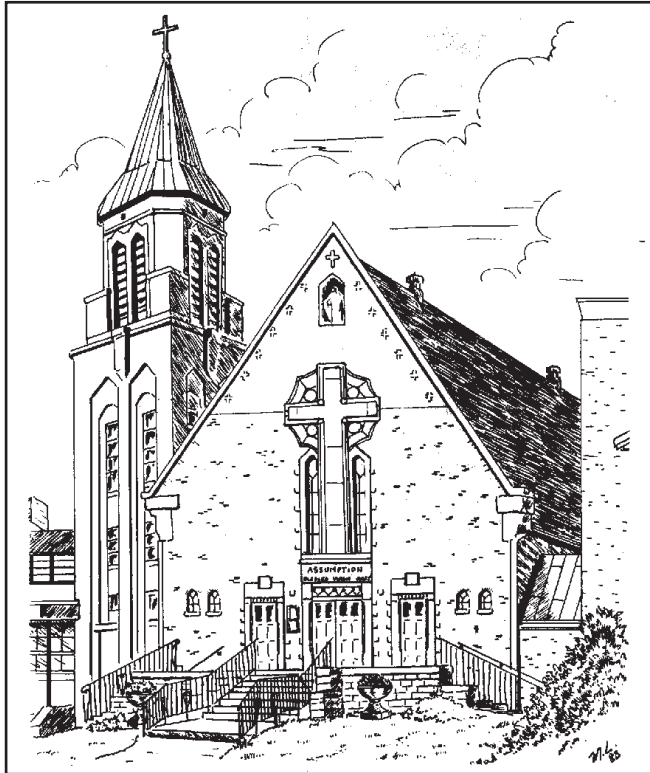
Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: www.assumptionparishottawa.ca



OUR PARISH MISSION STATEMENT

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULES

Saturdays: 9 am & 4 pm (Sunday Liturgy)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7 pm

Mondays to Fridays: 8:00 am (except for School Masses, on Feast and Solemnities)

DEVOTIONS

Rosary: 30 Minutes Before Weekday Masses and Every First Saturday of the Month (after the 9:00 am Mass)

Devotion To Our Lady of Perpetual Help: Every Wednesday After The 8:00 am Mass

Eucharistic Adoration: Every 1st Friday at 8:30am (after the Morning Mass) and every Friday at 6:00 pm

Stations of the Cross: Every Friday During Lent and Good Friday (time to be announced)

PASTORAL TEAM

Pastor: Rev. Fr. Victor Mateo, OFM Conv.

Pastoral Council Chair: Nicolas Murillo

Finance Council Chair: Mary Stanton

Administrative Assistant: Nora Arriola

PARISH OFFICE HOURS

Monday to Friday, 10 am - 12 noon, 1:00 pm - 4:00 pm
(closed on holidays)

PASTORAL & SACRAMENTAL CARE

Baptism: Please call the Parish Office to make an appointment to register your child for Baptism and to discuss all the requirements. If you belong to another parish, a letter of permission from your pastor is required. If you are not a parishioner of any parish, you must register and attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

Confessions: Weekdays, after the 8 am morning Mass (approach the priest); First Fridays - 8:45 am to 9:15 am; First Saturdays - 9:30 am to 10:00 am, 3:30 pm to 4:00 pm (by appointment) Every Sunday - 11:30 am to 12noon

Marriages: One of the couples must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

Sacrament of the Sick & Communion for Shut-ins: Please contact the Parish Office

Funerals: Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial Assisted by the Bereavement Ministry

Youth Ministry: Every 1st Saturday of the month, 30 to 45 min. session (after the 4 pm Mass) at Carlo Acutis Hall.

Welcome

To the new and current MEMBERS of our PARISH.

Kindly visit our website <https://www.assumptionparishottawa.ca>.



PRAYER REQUESTS: Let us pray for the healing or better health of the following:

Lina Groulx, Claire Kiruhira, Christopher Finnerty, Charity Joyce Marohombsar, Michael and Arnita Sabong, Nelia Samournte, Feliza Daiz, Arlene Magpayo, Theresa Akan, Virgie Bautista, Leonida Sarmiento

**Pope Leo's Monthly Prayer Intention
For Disarmament and Peace**

"Let us pray that nations move to effective disarmament, particularly nuclear disarmament and that world leaders choose the path of dialogue and diplomacy instead of violence."

SCHEDULE of LITURGICAL MINISTERS

Mar. 21, 4:00 PM – Yola Beloy, Joan Lepage, Nora Arriola with Manny Beloy;
Mar. 22, 9:30 AM – Rizza Yabut, Susan Teodoro, Janice Ordinario with Yola Beloy, Emilyn Suficiencia, **12 NOON** – Novie Ramos, Nick Murillo, Nieves Murillo with Melba Panuncio, Gloria Piol, Noly Formoso; **7:00 PM** – Gina Distor, Yola Beloy, Don del Castillo, with Lori Scott



Mass Intentions

March 14, **Saturday in LENT** (purple) **9:00 AM** – †Souls in Purgatory by *Lindsay Peerally*; **4:00 PM, SUNDAY LITURGY** (white) – Well-being of the donors of the Pew Restoration Project; †Fr. Romeo P. Villanueva by *Nena Coronel*

March 15, Sunday, **THIRD SUNDAY OF LENT** (purple) **9:30 AM** – Well-being of the donors of the Pew Restoration Project; †Rev. Paul Beaudoin by *Beaudoin Family*; †Manuel, Naty & Ponciano Forro by *Nena Coronel*; †Maja Magay by *Menchie David*; †Mary Grace Rimano by *Perpetua Rimano & Avelino Busuego*; **12 Noon** – Thanksgiving by OVFCSA, El Shaddai Group and Emma de Leon; Well-being of the donors of the Pew Restoration Projects; †Maria Estacio by *Nora Cerda*; †Moises & Veronica Nartatez and †Arcadia & Severo Toquero by *Norman Antolin*; **7:00 PM** – Pro Populo

Mar. 16, **Monday in LENT** (purple) **8:00 AM** – Anita Armentia (birthday) by *Nena Coronel*

Mar. 17, **Tuesday in LENT** (purple) **8:00 AM** – Thanksgiving for the 49th wedding anniversary of *Susan and Orlando Teodoro*

Mar. 18, **Wednesday in LENT** (purple) **8:00 AM** – †Maria Fe Forro by *Nena Coronel*

Mar. 19, **Thursday, SOLEMNITY, ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY** (white) **8:00 AM** – Well-being of the donors of the Pew Restoration Project; Paul Lefebvre (healing) by *Marie-Pauline Desjardins*

Mar. 20, **Friday in LENT** (purple) **8:00 AM** – †Ruperto & Susana Alcala by *Nena Coronel*

COLLECTION REPORT
Mar. 7 & 8, 2026
\$ 2,750.

The Pope's Lenten Message - Listening and Fasting (Part 2)

In this regard, I would like to invite you to a very practical and often unappreciated form of abstinence: refraining from words that offend and hurt our neighbor. Let us begin by disarming our language, avoiding harsh words and rash judgment, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media, and in Christian communities. In this way, words of hatred will give way to words of hope and peace.

TOGETHER

Finally, **Lent emphasizes the communal aspect of listening to the word and fasting**. The Bible itself underlines this dimension in multiple ways. For example, the Book of Nehemiah recounts how the people gathered to listen to the public reading of the Law, preparing to profess their faith and worship through fasting, so as to renew the covenant with God (cf. 9:1-3).

Likewise, our parishes, families, ecclesial groups, and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting is a foundation for sincere repentance. In this context, conversion refers not only to one's conscience but also to the quality of our relationships and dialogue. It means allowing ourselves to be challenged by reality and recognizing what truly guides our desires — both within our ecclesial communities and as regards humanity's thirst for justice and reconciliation.

Dear friends, **let us ask for the grace of a Lent that leads us to greater attentiveness to God and to the least among us**. *Let us ask for the strength that comes from the type of fasting that also extends to our use of language, so that hurtful words may diminish and give way to a greater space for the voice of others. Let us strive to make our communities places where the cry of those who suffer finds welcome, and listening opens path*

towards liberation, making us ready and eager to contribute to building a civilization of love.

I impart my heartfelt blessing upon all of you and your Lenten journey.



THANK YOU

To everyone who supported the DINNER – FUNDRAISING EVENT for the Church Pews Restoration Project on March 7.

Additionally, special thanks to the organizers: THELMA Roger and CHRISTINE Jabbor; NESTOR and VANESSA Agustin for food preparations; the many members of the ALTAR GUILD for venue setup and kitchen help; NORA Cerda, JEM and JULIE Castañeda; and all who participated in the raffle draw, as well as our donors.

CHURCH PEWS RESTORATION

Our church pews, crafted when the church was built in **1940**, have been part of our parish's prayer life for generations. After more than 80 years, they now require careful restoration to preserve their beauty, safety, and history, so we have begun their restoration.

Parishioners are invited to participate through our "Adopt-a-Pew" Program. The cost to restore one pew is **\$ 3,000**. Adoption may be made by an individual, family, or group, and can be offered in memory of a loved one or in thanksgiving for blessings received. **A brass plate will be affixed to the pews as a prayerful remembrance.** TOTAL DONATIONS ARE TAX-DEDUCTIBLE.

To participate, kindly **call** the parish office at 613-695-6079 or **meet up** with NORA ARRIOLA on Monday to Friday at 10 AM to 4 PM or **contact** THELMA ROGER at 613-2049390. Together, we can preserve this important part of our parish heritage for future generations. **Thank you for your generosity and love for our church.**



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